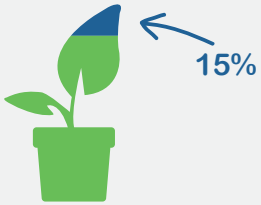
green team interiors ltd

The Power of Plants

Office space with plants may increase employee productivity by 15%



Plants can reduce air conditioning costs by up to 30% and save between 20-50% on energy used for heating

Plants in the workplace can reduce absenteeism by 25%

Plants help to reduce anxiety and stress by 50%

Plants can make us almost 50% more creative

Researchers suggest that when people are in a natural environment their memory and attention span shoots up by 20%

1 plant for every 3 people improves air quality and reduces moulds and bacteria by 50-60%

Plants raise humidity and relieve dry eye symptoms

Plants are believed to help reduce cold-related illnesses by over 30%

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